

21/03/2021















Allergen Guide

















This is a commercial kitchen that uses all the products that are or contain the allergens in this guide. As such food may contain any allergen. **Anyone with any allergy, please inform a manager.** This guide provides information about the specific ingredients in a dish at the time the menu was launched and people with severe allergies should exercise judgement before consuming food as we can not guarantee a product will not contain an allergen

KEY: Contains = 















Items made on same site and so all products may contain : celery, cereals containing gluten (such as barley and oats), crustaceans (such as prawns, crabs and lobsters), eggs, fish, lupin, milk, molluscs (such as mussels and oysters), mustard, peanuts, sesame, soybeans, sulphur dioxide and sulphites (if they are at a concentration of more than ten parts per million) and tree nuts

| Tapas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Chicken & Veg Gyoza | ● | | ● | | | ● | ● | | | | ● | | | ● |
| Chicken Karage | ● | | | | | ● | | | | | | | | |
| Chicken Katsu Bun | ● | | | | | ● | | | | | ● | | | |
| Chili Beef | ● | | ● | | | ● | | | | ● | | | | |
| Duck Gyoza | ● | ● | ● | | | ● | | | | | ● | | | |
| Hoi Sin Duck Bun | ● | | | | | ● | | | | | ● | | | |
| Kabayaki Jackfruit Bun | ● | | | | | ● | | | | | ● | | | |
| Katsu King Prawn | ● | ● | | | | ● | | | | | | | | |
| Mixed Croquette | ● | | | | | ● | | | | | ● | | | |
| Peppered Squid | ● | | | | | ● | | | | | | | | ● |
| Rice | | | | | | | | | | | ● | | | |
| Soba | ● | | | | | | | | | | ● | | | |
| Spring Rolls | ● | | | | | ● | | | | | ● | | | |
| Takoyaki | ● | | | ● | | ● | | | | | | | | ● |
| Udon | ● | | | | | | | | | | ● | | | |
| Vegetable Gyoza | ● | | | | | ● | | | | | ● | | | |
| Yakitori Skewers | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |















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| Tempura |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Aubergine | ● | | | | | ● | | | | | | | | |
| Prawn | ● | ● | | | | ● | | | | | | | | |
| Squid | ● | | | | | ● | | | | | | | | ● |
| Sweet Potato Fries | ● | | | | | ● | | | | | | | | |















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| Noodles |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Ramen - Cha-Shu Pork | ● | | ● | ● | | ● | | | | | ● | | | |
| Ramen - Chicken Karage | ● | | ● | ● | | ● | | | | | ● | | | |
| Ramen - King Prawn | ● | ● | ● | ● | | ● | | | | | ● | | | |
| Ramen - Kinoko | ● | | | | | ● | | | | | | | | |
| Yaki Noodles - Cha-Shu Pork | ● | | | | | ● | | | | | ● | | | |
| Yaki Noodles - Chicken | ● | | | | | ● | | | | | | | | |
| Yaki Noodles - King Prawn | ● | ● | | | | ● | | | | | | | | |
| Yaki Noodles - Yasai | ● | | | | | ● | | | | | | | | |















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| Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeriac | Mustard | Sesame seeds | Sulphur Dioxide & Sulphites | Lupin | Molluscs |
| Chahan - Sakushi | ● | | | | | ● | | | | | ● | | | |
| Chahan - Veggie | | | | | | ● | | | | | | | | |
| Don Buri - Chilli Beef | ● | | ● | | | ● | | | | ● | ● | | | |
| Don Buri - Duck | ● | | | | | ● | | | | | ● | | | |
| Don Buri - Jackfruit Kabayaki | ● | | | | | ● | | | | | | | | |
| Don Buri - Unagi Kabayaki | ● | | | ● | | ● | | | | | | | | |
| Kare - Chicken Katsu | ● | | | | | ● | ● | | | | | | | |
| Kare - Pumpkin Katsu | ● | | | | | ● | ● | | | | | | | |
| Kare - Sweet Potato Croquette | ● | | | | | ● | ● | | | | | | | |
| Poke Bowl - Midori | ● | | | | | ● | | | | | ● | | | |
| Poke Bowl - Osaka | ● | | | ● | | ● | | | | | ● | | | |
| Teriyaki Don Buri - Chicken | ● | | | | | ● | | | | | ● | | | |
| Teriyaki Don Buri - Salmon | ● | | | ● | | ● | | | | | ● | | | |















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| Maki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeriac | Mustard | Sesame seeds | Sulphur Dioxide & Sulphites | Lupin | Molluscs |
| Maki - Avacado | | | | | | ● | | | | | | | | |
| Maki - Cucumber | | | | | | ● | | | | | | | | |
| Maki - Mixed | | ● | | ● | | ● | | | | | | | | |
| Maki - Prawn | | ● | | | | ● | | | | | | | | |
| Maki - Salmon | | | | ● | | ● | | | | | | | | |
| Maki - Tuna | | | | ● | | ● | | | | | | | | |















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| Nigiri, Gunkan & Inari | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------|--------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeriac | Mustard | Sesame seeds | Sulphur Dioxide & Sulphites | Lupin | Molluscs | |
| Gunkan - Kaiso | ● | | | | | ● | | | | | ● | | | | |
| Gunkan - Massago | ● | | | ● | | ● | | | | | ● | | | | |
| Inari - Avocado Tempura | ● | | | | | ● | | | | | | | | | |
| Inari - Prawn Tempura | ● | ● | | | | ● | | | | | | | | | |
| Inari - Rice | ● | | | | | ● | | | | | | | | | |
| Inari - Salmon Tempura | ● | | | ● | | ● | | | | | | | | | |
| Nigiri - Mixed | | ● | | ● | | ● | | | | | | | | | |
| Nigiri - Squid | ● | | | ● | | ● | | | | ● | | | | ● | |
| Nigiri - Aubergine | | | | | | ● | | | | | | | | | |
| Nigiri - Eel | ● | | | ● | | ● | | | | | | | | | |
| Nigiri - Mushroom | ● | | | | | ● | | | | | | | | | |
| Nigiri - Prawn | | ● | | | | ● | | | | | | | | | |
| Nigiri - Salmon | | | | ● | | ● | | | | | | | | | |
| Nigiri - Seabass | | | | ● | | ● | | | | | | | | | |
| Nigiri - Steak | | | | | | ● | | | | | | | | | |
| Nigiri - Tomago | | | ● | | | ● | | | | | | | | | |
| Nigiri - Tuna | | | | ● | | ● | | | | | | | | | |
| Omnigiri - Crab Mayo | | ● | | | | ● | | | | | ● | | | | |
| Omnigiri - Shitake | ● | | | | | ● | | | | | | | | | |
| Onigiri - Jackfruit | ● | | | | | ● | | | | | | | | | |
| Onigiri - Salmon teriyaki | ● | | | ● | | ● | | | | | ● | | | | |















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| Uramaki |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Ura Maki - California | ● | ● | ● | ● | | ● | | | | | ● | | | |
| Ura Maki - Chicken | ● | | | | | ● | | | | | | | | |
| Ura Maki - Crispy Salmon Skin | ● | | | ● | | ● | | | | | ● | | | |
| Ura Maki - Duck Roll | ● | | | | | ● | | | | | ● | | | |
| Ura Maki - Dynamite Roll | ● | ● | | | | ● | | | | | ● | | | |
| Ura Maki - Midori | ● | | | | | ● | | | | | | | | |
| Ura Maki - Philadelphia | ● | | | ● | | ● | ● | | | | | | | |
| Ura Maki - Sakushi Roll | ● | ● | | ● | | ● | | | | | | | | |
| Ura Maki - Salmon & Avocado | ● | | | ● | | ● | | | | | ● | | | |
| Ura Maki - Soft Chell Crab Roll | ● | ● | | ● | | ● | | | | | | | | |
| Ura Maki - Spicy Tuna Roll | ● | | | ● | | ● | | | | ● | | | | |















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| Get Started |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Salads - Kaiso | ● | | | | | ● | | | | | ● | | | |
| Get Started - Edamame Salted | | | | | | ● | | | | | | | | |
| Get Started - Edamame Spicy | | | | | | ● | | | | | ● | | | |
| Get Started - Miso | | | | | | ● | | | | | | | | |
| Get Started - Kimchi | ● | | | ● | | ● | | | | | ● | | | |
| - | | | | | | | | | | | | | | |






























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| Sushi Platters |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Bamboo Selection | ● | | | | | ● | | | ● | ● | | | | |
| Shobu Selection | ● | ● | | ● | | ● | | | ● | ● | ● | | | |
| Bonsai Selection | ● | ● | | ● | | ● | | | ● | ● | ● | | | |
| Mono Selection | ● | | | ● | | ● | | | ● | ● | ● | | | |
| Mixed Roll Box | ● | ● | | ● | | ● | | | | | ● | | | |
| Salmon Mix Box | ● | | | ● | | ● | | | ● | ● | ● | | | |

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| Sashimi |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Salmon | | | | ● | | | | | ● | ● | | | | |
| Tuna Tetaki | ● | | | ● | | ● | | | ● | ● | ● | | | |
| Tuna | | | | ● | | | | | ● | ● | | | | |
| Mixed | | | | ● | | | | | ● | ● | | | | |
| Seabass | | | | ● | | | | | ● | ● | | | | |

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| Desserts and condiments |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Dish Name | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts | Celery & Celeri'ac | Mustard | Sesame seeds | Sulphur Dioxide & | Lupin | Molluscs |
| Desserts - Mochi | | | | |  |  |  |  | | |  | | | |
| Dessert - Doriyaki |  | |  | |  |  |  | | |  |  | | | |
| - | | | | | | | | | | | | | | |
| Condiment - Soy |  | | | | |  | | | | | | | | |
| Condiment - Wasabi | | | | | | | | | |  | | | | |
| Condiment - Ginger | | | | | | | | | | | | | | |

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